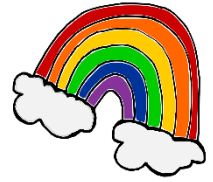




Children & Young People's



United Voice

A place to have your voice heard and make a difference in children & young people's mental health in County Durham

Virtual Meeting (Held via Zoom)


Monday 18th January 6.30-8pm

What is United Voice

United Voice was set up in 2019 when a group of young people, parents-carers and professionals came together to help make a difference in children and young people's mental health. Over the last year the group have achieved some great things (you will find out more about this at the meeting) but the group have an ambition to do more.

To achieve this the group would like to invite more children, young people, parents-carers and community members to get involved in the work. We would like to invite you to attend an initial meeting to find out more.

Here is what we will be doing:

- Welcome & Introductions
- United Voice – Background and story so far (including the experiences/voices of young people, parents-carers and professionals)
- Children, Young People Mental Health Service Update – a chance to hear about some new areas of work which will make a difference
 - Alternatives to Crisis/ Preventing Admissions to hospital
 - Emily's Gifts and Out of the Box Project
 - Young Adult Support Cafes (YASC) across County Durham
- **BREAK** 
- Your Voice (young people and parent-carers) - an opportunity to bring any ideas, thoughts or issues around mental health to help make a difference
- Next Steps & how was tonight for you?

For more information or if you would like to book a place to attend please contact:

Wendy (parent-carer bookings) support@rollercoasterfs.co.uk

Chris (young people bookings) chris.affleck@investinginchildren.net

